



Toddlers

Sensory

Color Sensory Bins



Objective:

Creating simple sensory bins for exploring colors

Materials:

- White rice
- Acrylic or tempera non-toxic paints
- Plastic bag (ones that zip)
- Measuring cups, scoops, funnels
- Bath toys, blocks
- Foil

Skill Development:

Fine motor skills, color identification, language development, cognition and problem solving

Step 1:

Scoop white rice into the bag and pour non-toxic paint into the baggie, enough to cover the rice but not soak it.

Step 2:

Ensure the bag is tightly sealed, then let your child help you squish the paint all around, covering the rice. This is a fun sensory activity!

Step 3:

Pour rice onto the foil and allow to dry. Stirring the rice helps it dry faster.

Play:

Add the colored rice to your bin and some fun age-appropriate objects. Pouring with the scoops and funnels encourages fine motor skills.

Talk About It:

- How does it feel? (slimy, smooth, cold, etc.)
- Let's mix it! You're pouring very carefully.
- This is the color orange. This is an orange block. Can you scoop up the orange ball?

Books to Read:

- *Brown Bear Brown Bear* by Eric Carle
- *Blue Hat, Green Hat* by Sandra Boynton

For more ideas www.how2play.today

Some activities may not be suitable for younger children. Supervise your children at all times.



Contact me: how2playtoday@gmail.com

